



## HOME MENU

\*All orders require 48 hours notice.\* Personalised menus for dinner parties and functions are available on request.\* Vegan & gluten free options are on offer, please enquire.\* Salads and side dishes are available upon request. \*Please ask about our weekly specials.\* Free delivery in the City Bowl.

\*\*Please note all meals are available in the following sized packaging, just quote your preference\*\*

Pie & Lasagna: 2 half containers serving 3-4 each  
1 large container serving 6-8

Stews & curries: 1 x 2l tub serving 6  
2 x 1l tub serving 3

### LASAGNA

*Serves 6-8*

#### **Butternut, Feta & Sage**

**R 320**

Roasted butternut, feta & sage in a rich tomato sauce, layered with bechamel and pasta sheets

#### **Traditional Beef**

**R360**

Lean beef mince, tomato ragout with garlic and red wine & Thyme layered with bechamel and pasta sheets

#### **Chicken**

**R340**

Shredded roast chicken, tomato ragout with garlic, red wine and oregano layered with bechamel and pasta sheets

#### **Aubergine**

**R320**

Roast aubergine, tomato ragout with garlic, red wine, basil & oregano layered with bechamel and pasta sheets

### PIE

*Serves 6-8*

#### **Cornish beef**

**R360**

Beef cubes in rich brown gravy with potato, peas & carrots

#### **Roast Vegetable & Parmesan**

**R300**

Medley of roast vegetables in a creamy parmesan sauce

#### **Chicken, Leek & Mushroom**

**R320**

Please email order to [orders@noshys.co.za](mailto:orders@noshys.co.za)

Chicken in a mushroom, leek & tarragon veloute

**Thai Chicken** **R320**

Chicken in a yellow coconut milk curry sauce with roast butternut & coriander

**Fish (when available)** **R340**

Fresh hake in a beurre blanc sauce with baby marrows, topped with mashed potato

### **STEW**

*With mash or rice on request. Serves 6*

**Beef & Bacon** **R350**

Beef slow cooked with bacon & butter beans in a rich gravy

**Beef & Merlot** **R350**

Beef slow cooked in red wine gravy with vegetables

**Chicken, garlic & white wine** **R320**

De-boned chicken cooked in cream, garlic & white wine with peas and mushrooms

**Lamb bredie** **R380**

Lamb slow cooked in a mild spicy tomato gravy

### **PASTA SAUCES**

*Pasta not included - Serves 4*

**Baconcini** **R160**

Tomato sauce with bacon, chilli, garlic and thyme

**Alfredo** **R160**

Ham, mushroom, garlic, cream & butter

**Bolognese** **R160**

Ground beef, tomato ragout

### **CURRIES**

*With rice on request. Serves 6*

*If you would prefer a beef / lamb curry please enquire for price*

**Indian biryani** **R320**

Spicy marinated chicken baked in basmati & spices

**Butter chicken** **R320**

Chicken cooked in butter, spices, tomato & cashew paste

**Pork vindaloo** **R320**

Pork cubes cooked in a spicy red chilli sauce

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<b>Vegetable korma</b>	<b>R300</b>
Fresh seasonal vegetables cooked in a mild spicy coconut sauce	
<b>Malay mince curry</b>	<b>R320</b>
Lean beef mince in a spicy sweet curry gravy with coriander	

### CAKES

<b>Carrot cake</b>	<b>R400</b>
<i>Approx 16 large slices</i>	
Carrot, banana, walnut, cinnamon and nutmeg with a lemon cream cheese frosting	
<b>Chocolate cake</b>	<b>R400</b>
<i>Approx 16 large slices</i>	
Dense rich chocolate cake with a milk chocolate and caramel ganache	
<b>Gluten free chocolate brownies</b>	<b>R240</b>
<i>Tray of 24 squares</i>	
Moist rich brownies made with chocolate, coconut flour & eggs	

### FUDGE

*36 pieces (approx 1.4kg)*

Fynbos honey fudge	<b>R210</b>
Espresso fudge	<b>R210</b>
Peanut butter fudge	<b>R210</b>